



Kids and Cooking

- Watch children closely in the kitchen. They must be supervised at all times when an electric or gas stove is within reach.
- Never leave the kitchen when something's frying, grilling or broiling. A fire or accident can happen in an instant.
- Keep children at least three feet away from all cooking appliances.
- Never hold a child while cooking or when removing hot food from the microwave, oven or stove.
- Turn pot handles in, away from reaching hands.
- Use the back burners on the cooktop whenever possible.
- Hot tap water scalds can be prevented by installing anti-scald devices on water faucets or by lowering the setting on water heater thermostats to 120 degrees Fahrenheit or below. *
- Once your holiday meal is ready, check that the stove and oven are turned off and that other kitchen appliances are unplugged and out of reach.

Gifts for Children

- Read all manufacturer's labels for toys or items that will be used by or around children. Check to make sure the child meets the age requirements specified on the label, and determine whether adult supervision is required; plan accordingly.
- Toys with small, detachable pieces can present serious choking hazards. Avoid giving these gifts to small children.
- If gifts require batteries, exercise the same caution as you would give toys with small parts. Many batteries, especially small button cells, pose choking risks if children are able to open the battery covers.
- Gifts that plug into outlets and have cords can pose strangulation and shock risks.
- Always supervise children while they play with their toys. They can enjoy the gifts while you can enjoy knowing that they are safe.



* Lowering water heater temperature to 120 degrees Fahrenheit or below can increase the chance of bacteria growth. Those with weakened immune systems should consult with their doctor before lowering the temperature of their water heaters below 140 degrees Fahrenheit.