## WikipediA

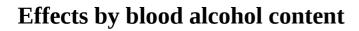
# **Blood alcohol content**

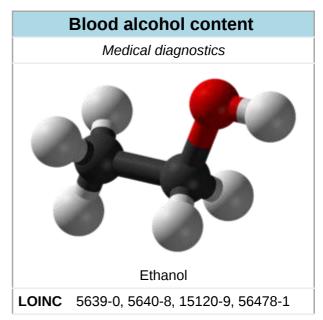
**Blood alcohol content (BAC)**, also called **blood alcohol concentration**, **blood ethanol concentration**, or **blood alcohol level**, is most commonly used as a metric of <u>alcohol intoxication</u> for legal or medical purposes.

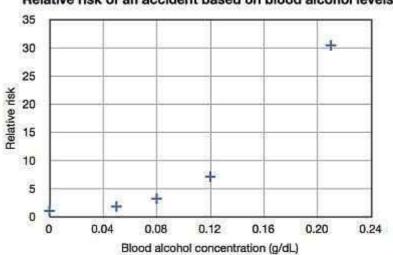
Blood <u>alcohol</u> concentration is usually expressed as a <u>percentage</u> of <u>ethanol</u> in the <u>blood</u> in units of mass of alcohol per volume of blood or mass of alcohol per mass of blood, depending on the country. For instance, in North America a BAC of 0.1 (0.1% or one tenth of one percent) means that there are 0.10 g of alcohol for every 100 mL of blood.

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Relative risk of an accident based on blood alcohol levels.

BAC (% by vol.)	Behavior	Impairment
0.001–0.029	<ul> <li>Average individual appears normal</li> </ul>	<ul> <li>Subtle effects that can be detected with special tests</li> </ul>
0.030–0.059	<ul> <li>Mild <u>euphoria</u></li> <li>Relaxation</li> <li>Joyousness</li> <li>Talkativeness</li> <li>Decreased inhibition</li> </ul>	<ul> <li>Concentration</li> </ul>
0.060–0.099	<ul> <li>Blunted feelings</li> <li>Reduced sensitivity to pain</li> <li>Euphoria</li> <li><u>Disinhibition</u></li> <li>Extraversion</li> </ul>	<ul> <li>Reasoning</li> <li>Depth perception</li> <li>Peripheral vision</li> <li>Glare recovery</li> </ul>
0.100–0.199	<ul> <li>Over-expression</li> <li>Boisterousness</li> <li>Possibility of nausea and vomiting</li> </ul>	<ul> <li>Reflexes</li> <li>Reaction time</li> <li>Gross motor control</li> <li>Staggering</li> <li>Slurred speech</li> <li>Temporary erectile dysfunction</li> </ul>
0.200–0.299	<ul> <li>Nausea</li> <li>Vomiting</li> <li>Emotional swings</li> <li>Anger or sadness</li> <li>Partial loss of understanding</li> <li>Impaired sensations</li> <li>Decreased libido</li> <li>Possibility of stupor</li> </ul>	<ul> <li>Severe motor impairment</li> <li>Loss of consciousness</li> <li>Memory blackout</li> </ul>
0.300–0.399	<ul> <li>Stupor</li> <li>Central nervous system depression</li> <li>Loss of understanding</li> <li>Lapses in and out of consciousness</li> <li>Low possibility of death</li> </ul>	<ul> <li>Bladder function</li> <li>Breathing</li> <li>Dysequilibrium</li> <li>Heart rate</li> </ul>
0.400–0.500	<ul> <li>Severe central nervous system depression</li> <li>Coma</li> <li>Possibility of death</li> </ul>	<ul><li>Breathing</li><li>Heart rate</li><li>Positional alcohol nystagmus</li></ul>
>0.50	<ul> <li>High possibility of death</li> </ul>	

## Estimated blood alcohol content by intake

To calculate estimated peak blood alcohol concentration (EBAC), a variation, including drinking period in hours, of the Widmark formula was used. The formula is<sup>[2]</sup>

$$EBAC = \left(rac{0.806 imes SD imes 1.2}{BW imes Wt} - MR imes DP
ight) imes 10$$

where :

- 0.806 is a constant for body water in the blood (mean 80.6%),
- SD is the number of standard drinks, that being 10 grams of ethanol each,
- 1.2 is a factor to convert the amount in grams to Swedish standards set by The Swedish National Institute of Public Health,
- BW is a body water constant (0.58 for males and 0.49 for females),
- Wt is body weight (kilogram),
- MR is the metabolism constant (0.015 for males and 0.017 for females) and
- DP is the drinking period in hours<sup>[2]</sup>
- 10 converts the result to permillage of alcohol

Regarding metabolism (MR) in the formula; Females demonstrated a higher average rate of elimination (mean, 0.017; range, 0.014–0.021 g/210 L) than males (mean, 0.015; range, 0.013–0.017 g/210 L). Female subjects on average had a higher percentage of body fat (mean, 26.0; range, 16.7–36.8%) than males (mean, 18.0; range, 10.2–25.3%).<sup>[3]</sup> Additionally, men are, on average, heavier than women but it is not strictly accurate to say that the water content of a person alone is responsible for the dissolution of alcohol within the body, because alcohol does dissolve in fatty tissue as well. When it does, a certain amount of alcohol is temporarily taken out of the blood and briefly stored in the fat. For this reason, most calculations of alcohol to body mass simply use the weight of the individual, and not specifically his/her water contentFinally, it is speculated that the bubbles in sparkling wine may speed up <u>alcohol</u> intoxication by helping the alcohol to reach the bloodstream faster

#### Examples:

• 80 kg male drinking 3 standard drinks in two hours:

$$EBAC = (0.806 \cdot 3 \cdot 1.2)/(0.58 \cdot 80) - (0.015 \cdot 2) = 0.032534483 pprox 0.033g/dL$$

• 70 kg woman drinking 2.5 standard drinks in two hours:

$$EBAC = (0.806 \cdot 2.5 \cdot 1.2)/(0.49 \cdot 70) - (0.017 \cdot 2) = 0.036495627 pprox 0.036g/dL$$

Alcohol	Amount (ml)	Amount (fl oz)	Serving size	Alcohol (% by vol.)	Alcohol
80 proof liquor	44	1.5	One shot	40	0.6 US fl oz (18 ml)
Table wine	148	5	One glass	12	0.6 US fl oz (18 ml)
Beer	355	12	One can/bottle	5	0.6 US fl oz (18 ml)

Standard drink chart (U.S.)4]

Note: This chart defines a drink as 14g of ethanol, while the formula defines a drink as 10g of ethanol.

#### Standard Drink Sizes (Australia)

- 375ml can of light beer (2.7% alcohol) = 0.8 standard drinks
- 375ml can of mid-strength beer (3.5% alcohol) = 1 standard drink
- 375ml can of full strength beer (4.8% alcohol) = 1.4 standard drinks
- 100ml glass of wine (13.5% alcohol) = 1 standard drink
- 150ml glass of wine (13.5% alcohol) = 1.5 standard drinks
- 30ml shot of spirits (40% alcohol) = 0.95 standard drinks
- 440ml can of pre-mix spirits (approx. 5% alcohol) = 1.7 standard drinks
- 440ml can pre-mix spirits (approx. 7% alcohol) = 2.4 standard drinks

Approximate blood alcohol percentage (by vol.<sup>[5]</sup> One drink has 0.5 US fl oz (15 ml) alcohol by volume

Drinks		Body weight								
	Sex	40 kg 90 lb	45 kg 100 lb	55 kg 120 lb	64 kg 140 lb	73 kg 160 lb	82 kg 180 lb	91 kg 200 lb	100 kg 220 lb	109 kg 240 lb
1	Male	_	0.04	0.03	0.03	0.02	0.02	0.02	0.02	0.02
	Female	0.05	0.05	0.04	0.03	0.03	0.03	0.02	0.02	0.02
	Male	_	0.08	0.06	0.05	0.05	0.04	0.04	0.03	0.03
2	Female	0.10	0.09	0.08	0.07	0.06	0.05	0.05	0.04	0.04
	Male	_	0.11	0.09	0.08	0.07	0.06	0.06	0.05	0.05
3	Female	0.15	0.14	0.11	0.10	0.09	0.08	0.07	0.06	0.06
4	Male	_	0.15	0.12	0.11	0.09	0.08	0.08	0.07	0.06
4	Female	0.20	0.18	0.15	0.13	0.11	0.10	0.09	0.08	0.08
5	Male	_	0.19	0.16	0.13	0.12	0.11	0.09	0.09	0.08
	Female	0.25	0.23	0.19	0.16	0.14	0.13	0.11	0.10	0.09
6	Male	_	0.23	0.19	0.16	0.14	0.13	0.11	0.10	0.09
	Female	0.30	0.27	0.23	0.19	0.17	0.15	0.14	0.12	0.11
	Male	_	0.26	0.22	0.19	0.16	0.15	0.13	0.12	0.11
7	Female	0.35	0.32	0.27	0.23	0.20	0.18	0.16	0.14	0.13
8	Male	_	0.30	0.25	0.21	0.19	0.17	0.15	0.14	0.13
	Female	0.40	0.36	0.30	0.26	0.23	0.20	0.18	0.17	0.15
	Male	_	0.34	0.28	0.24	0.21	0.19	0.17	0.15	0.14
9	Female	0.45	0.41	0.34	0.29	0.26	0.23	0.20	0.19	0.17
10	Male	_	0.38	0.31	0.27	0.23	0.21	0.19	0.17	0.16
	Female	0.51	0.45	0.38	0.32	0.28	0.25	0.23	0.21	0.19
Subtract approximately 0.01 every 40 minutes after drinking.										

## **Binge drinking**

The <u>National Institute on Alcohol Abuse and Alcoholism</u> (NIAAA) define the term "<u>binge drinking</u>" as a pattern of drinking that brings a person's blood alcohol concentration (BAC) to 0.08 grams percent or above. This typically happens when men consume 5 or more drinks, and when women consume 4 or more drinks, in about 2 hour<sup>[6]</sup>.

## Units of measurement

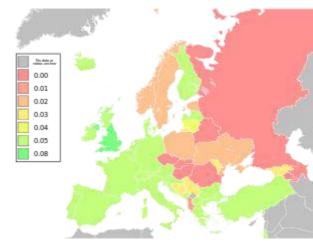
There are several different units in use around the world for defining blood alcohol concentration. Each is defined as either a mass of alcohol per volume of blood or a mass of alcohol per mass of blood (never a volume per volume). 1 milliliter of blood has a mass of approximately 1.06 grams. Because of this, units by volume are similar but not identical to units by mass. In the U.S. the concentration unit 1% w/v (percent mass/volume, equivalent to 10 g/l or 1 g per 100 ml) is in use. This is not to be confused with the amount of alcohol measured on the breath, as with a <u>breathalyzer</u>. The amount of alcohol measured on the breath is generally accepted as proportional to the amount of alcohol present in the blood at a rate of 1:2100. Therefore, a breathalyzer measurement of 0.10 mg/L of breath alcohol converts to 0.0001×2100 g/10dL, or 0.021 g/dL of blood alcohol (the units of the BAC in the United States). While a variety of units (or sometimes lack thereof) is used throughout the world, many countries use the g/L unit, which does not create confusion as percentages do. Usual units are highlighted in the table below

Reference	Unit	Dimensions	Equivalent to	Used in
	1 percent (%)	1/100 g/mL = 1 g/dL	9.43 mg/g, 217.4 mmol/L	United States, Australia, Canada
BAC by volume	1 permille (‰)	1/1000 g/mL = <b>1 g/L</b>	0.943 mg/g, 21.7 mmol/L	Austria, Belgium, Bulgaria, France, Latvia, Lithuania, Netherlands, Poland, Romania, Spain, Switzerland, Turkey
	1 <u>basis</u> point (‱)	1/10,000 g/mL = <b>10 mg/100 mL</b>	94.3 ppm, 2.17 mmol/L	United Kingdom
BAC by mass	1 percent (%)	1/100 g/g = 1 cg/g	1.06 cg/mL, 230 mmol/L	
	1 permille (‰)	1/1000 g/g = 1 mg/g	1.06 mg/mL, 23 mmol/L	Finland, Norway, Sweden, Denmark, Germa <b>ry</b> , Ireland, Russian Federation
	1 <u>part per</u> million (ppm)	1/1,000,000 g/g = 1 μg/g	1.06 μg/mL, 23 μmol/L	

## Legal limits

For purposes of law enforcement, blood alcohol content is used to define intoxication and provides a rough measure of impairment. Although the degree of impairment may vary among individuals with the same blood alcohol content, it can be measured objectively and is therefore legally useful and difficult to contest in court. Most countries disallow operation of motor vehicles and heavy machinery above prescribed levels of blood alcohol content. Operation of boats and aircraft is also regulated.

The alcohol level at which a person is considered legally impaired varies by country. The list below gives limits by country. These are typically blood alcohol content limits for the operation of a vehicle.



Map of Europe showing countries' blood alcohol limits as defined in g/dl for the general population.

### Zero effective tolerance

It is illegal to have any measurable alcohol in the blood while driving

in these countries. Most jurisdictions have a tolerance slightly higher than zero to account for false positives and naturally occurring alcohol in the body. Some of the following jurisdictions have a generaprohibition of alcohol.

- Australia—Learner drivers or those drivers with aProvisional/ProbationaryLicence
- Bangladesh
- Brazil
- Brunei
- <u>Canada</u>—new drivers undergoinggraduated licensingin <u>Ontario</u>, <u>British Columbia</u><sup>[7]</sup> and <u>Newfoundland and</u> Labrador, drivers under the age of 22 in<u>Manitoba</u>, <u>New Brunswick</u>, <u>Northwest Territories</u>, <u>Nova Scotia</u>, <u>Ontario</u>,<sup>[8]</sup> <u>Saskatchewan</u>, <u>Quebec</u> and in <u>Alberta</u> receive a 30-day suspension and 7-day vehicle seizure<sup>[9]</sup>
- <u>Colombia</u>—Zero Alcohol Tolerance law is effective since December 2013<sup>[10][11]</sup>
- Czech Republic
- Estonia
- <u>Fiji</u>
- Hungary
- Israel—24 µg per 100 ml (0.024%) of breath (penalties only apply above 26 µg per 100 ml (0.026%) of breath due to lawsuits about sensitivity of devices used). New drivers, drivers under 24 years of age and commercial drivers 5 µg per 100 ml of breath.(0,005%)<sup>[12]</sup>

- <u>Italy</u>—for drivers in their first two years after gaining a driving license
- Japan—drivers under the age of 20 because of not reaching legal drinking age.
- <u>New Zealand</u>—drivers under the age of 20 and convicted drivers required to gain a zero-limit license.
- Nepal
- Oman
- Qatar
- Pakistan
- Paraguay
- Romania (beyond 0.08% drivers will not only receive a fine and have their license suspended, the feefnse will also be added to their criminal records.)
- Russian Federation (0% introduced in 2010<sup>[13]</sup> but discontinued in September 201<sup>[14]</sup>)
- Saudi Arabia
- Slovakia
- Uruguay<sup>[15]</sup>
- United Arab Emirates

### 0.02%

- China
- Netherlands (for drivers in their first five years after gaining a driving license<sup>[36]</sup>
- Norway (road vehicles and sea vessels over 15 m<sup>(17)</sup>), alternatively 0.1 mg/L of breath.
- Poland
- Puerto Rico
- Sweden
- Ukraine
- United States—drivers under the age of 21 may have up to 0.02%, on the federal level, however most states have Zero Tolerance laws emplaced.

### 0.03%

- Belarus
- Bosnia and Herzegovina(0.031%)
- Chile
- India (note: In the state of Kerala, a policy of zero tolerance has developed.<sup>[18]</sup>
- Serbia
- Japan<sup>[19]</sup>
- Russia (since September 2013<sup>14]</sup>)

### 0.04%

• Lithuania (0.00% for car drivers in their first two years after gaining a driving license, motorcycle and truck drivers)

### 0.05%

- Argentina (0.02% for motorbikes, 0.00% for truck, taxi, and bus drivers, 0.00% in the provinces @ordoba and Salta)
- <u>Australia</u> (0.00% for <u>Australian Capital Territory</u> learner, provisional and convicted DUI drives (changed down from 0.02% on December 1, 2010), 0.02% for truck/bus/taxi, 0.00% for learner drivers, provisional/probationary drivers (regardless of age), truck and bus drivers, driving instructors and DUI drivers in all other states)
- Austria no limit for pedestrians; 0.08% for cycling; 0.05% generally for cars <7,5 t (driving licence B) and motorbikes (A); but 0,01% during learning (for driver and teacher or L17-assistant), during probation period (at least the first 2 years) or up to the age of 20 (A1, AM, L17, F), trucks (C >7,5 t), bus (D), drivers of taxi and public transport<sup>[20][21]</sup>
- Belgium (also for cyclists)
- Bulgaria
- Canada: Alberta, British Columbia, Ontario, Manitoba<u>Newfoundland</u>, Nova Scotia, New Brunswick—provincial offence. Drivers have not committed a crimial offense, however a 3-day licence suspension and 3-day vehicle

seizure occurs.

- Costa Rica
- <u>Croatia</u>—professional drivers, driving instructors and drivers of the ehicle categories C1, C1+E, C, C+E, D, D+E and H; the limit for other drivers is 0.50 mg/g, but they do get an additional separate fine if they cause an accident while having a blood alcohol level between 0 and 0,50 mg/g<sup>22</sup>
- Denmark
- Finland
- France (0.025% for bus drivers)<sup>23]</sup>
- Germany (0.0% for learner drivers, all drivers 18–21 and newly licensed drivers of any age for first two years of licence; also, if the BAC exceeds 0.03%, driving is illegal if the driver is showing changes in behavior Relative Fahruntüchtigkeit"))
- Greece
- Hong Kong
- Iceland
- Ireland (0.02% for learner drivers and professional drivers<sup>24</sup>
- Israel 24 μg per 100 ml (0.024%) of breath (penalties only apply above 26 μg per 100 ml (0.026%) of breath due to lawsuits about sensitivity of devices used). This is equivalent to a BAC of 0.05. New drivers, drivers under 24 years of age and commercial drivers 5 μg per 100 ml of breath. This is equivalent to a BAC of 0.0<sup>12</sup>/<sub>1</sub>
- <u>Italy</u> (0.00% for drivers in their first two years after gaining a driving license)
- Latvia (0.02% for drivers in their first two years after gaining a driving license)
- Luxembourg
- Macedonia (0.00% for drivers in their first two years after gaining a driving license)
- Mauritius <sup>[25]</sup>
- Netherlands (0.02% for drivers in their first five years after gaining a driving licens<sup>[6]</sup>
- New Zealand
- Peru
- Philippines (0.00% for taxicab and public transport drivers)<sup>26]</sup>
- Portugal (0.02% for drivers holding a driver's licence for less than three years, professional drivers, and drivers of taxis, heavy vehicles, emergency vehicles, public transport of children and carrying dangerous goods).
- Scotland
- Slovenia (0.00% for drivers in their first two years after gaining a drivers licence, drivers under 21 and professional drivers, such as buses, trucks...)
- South Africa
- Spain (0.03% for drivers in their first two years after gaining a driving license and common carriers, such as buses, trucks...)
- Switzerland (0.01% for drivers in their first three years after gaining a drivers licence and for driving instructors]
- Thailand
- Taiwan (breath alcohol limit decreased from 0.25 to 0.15 from 13 June 2013)
- Turkey

### 0.06%

The Bahamas<sup>[28]</sup>

#### 0.07%

Honduras

### 0.08%

- <u>Canada</u><sup>[29]</sup> Quebec (provincial law)
- England and Wales<sup>[30]</sup> (0.02% for operators of fixed-wing aircraft).
- Malaysia (0.00 for Probationary Driving Licence holders)
- Malta
- Mexico
- <u>New Zealand</u> Criminal offence
- Norway (legal limit for sea vessels under 15 m<sup>[31]</sup>

- Northern Ireland (The government of Northern Ireland intends to reduce the general limit to 0.05<sup>(2)</sup>)
- Puerto Rico (for drivers 21 years and older)
- Singapore<sup>[33]</sup>
- Trinidad and Tobago
- United States—all states impose penalties for driving with a BAC of 0.08% or greate<sup>[34]</sup> Even below those levels drivers can have civil liability and other criminal guilt (e.g., inArizona driving impairment to any degree caused by alcohol consumption can be a civil or criminal dense in addition to other ofenses at higher blood alcohol content levels). Drivers under 21 (the most common U.S. legal drinking age) are held to stricter standards undeero tolerance laws adopted in varying forms in all states: commonly 0.01% to 0.05%. SeAlcohol laws of the United States by state. Federal Motor Carrier Safety Administration: 0.04% for drivers of a commercial vehicle requiring a commercial driver's license<sup>35]</sup> and 0.01% for operators of common carriers, such as buse<sup>36]</sup>

### 0.1%

Cayman Islands

## Limits by country (BrAC: breath alcohol content)

In certain countries, alcohol limits are determined by the breath alcohol content (BrAC), not to be confused with blood alcohol content (BAC).

- In <u>Greece</u>, the BrAC limit is 250 micrograms of alcohol per litre of breath. The limit in blood is 0.50 g/l. The BrAC limit for drivers in their first two years after gaining a driving license and common carriers are more restricted to 100 micrograms per litre of breath.
  - BrAC 250–400 =€200 fine.
  - BrAC 400–600 = €700 fine, plus suspension of driving license for 90 days (introduced in 2007)
  - BrAC >600 = 2 months imprisonment, plus suspension of driving license for 180 days, plus €1,200 fine
- In Hong Kong, the BrAC limit is 220 micrograms per litre of breath (as well as other defined limits)
- In <u>The Netherlands and Finland</u>, the BrAC limit is 220 micrograms of alcohol per litre of breath (µg/l, colloquially known as "Ugl").
- In New Zealand, the BrAC limit is 250 micrograms of alcohol per litre of breath for those aged 20 years or overand zero (meaning illegal to have any measurable breath alcohol content) for those aged under 20 yea<sup>[38]</sup>
- In Singapore, the BrAC limit is 350 micrograms of alcohol per litre of breat<sup>[33]</sup>
- In Spain the BrAC limit is 250 micrograms of alcohol per litre of breath and 150 micrograms per litre of breath for drivers in their first two years after gaining a driving license and common carriers.
- In England and Wales the BrAC limit is 350 micrograms of alcohol per litre of breath (as well as the above defined blood alcohol content).
- In Scotland the BrAC limit is 220 micrograms of alcohol per litre of breath (as well as the above defined blood alcoho content).
- In <u>Trinidad and Tobago</u> the BrAC limit is 35 micrograms of alcohol per 100 millilitres of breath (as well as the above defined blood alcohol content).

### Other limitation schemes

- For South Korea, the penalties for diferent blood alcohol content levels include
  - 0.01–0.049 = No penalty
  - 0.05–0.09 = 100 days license suspension
  - >0.10 = Cancellation of car license.

## **Test assumptions**

Blood alcohol tests assume the individual being tested is average in various ways. For example, on average the ratio of blood alcohol content to breath alcohol content (the *partition ratio*) is 2100 to 1. In other words, there are 2100 parts of alcohol in the blood for every part in the breath. However, the actual ratio in any given individual can vary from 1300:1 to 3100:1, or even more widely.<sup>[39]</sup>

This ratio varies not only from person to person, but within one person from moment to moment. Thus a person with a true blood alcohol level of .08% but a partition ratio of 1700:1 at the time of testing would have a .10 reading on a Breathalyzer calibrated for the average 2100:1 ratio.

## **Metabolism and excretion**

Alcohol is absorbed throughout the gastrointestinal tract, but more slowly in the stomach than in the small or large intestine. For this reason, alcohol consumed with food is absorbed more slowly, because it spends a longer time in the stomach. Furthermore, <u>alcohol</u> <u>dehydrogenase</u> is present in the stomach lining. After absorption, the alcohol passes to the liver through the <u>peatic portal vein</u> where it undergoes a first pass of metabolism before entring the general bloodstream.<sup>[40]</sup>

Alcohol is removed from the bloodstream by a combination of metabolism, excretion, and evaporation.

Alcohol is metabolized mainly by the group of six <u>enzymes</u> collectively called<u>alcohol dehydrogenase</u> These convert the ethanol into <u>acetaldehyde</u> (an intermediate more toxic than ethanol). The enzyme <u>acetaldehyde dehydrogenase</u> then converts the acetaldehyde into non-toxic acetic acid.

Many physiologically active materials are removed from the bloodstream (whether by <u>metabolism</u> or excretion) at a rate proportional to the current concentration, so that they exhibit <u>exponential decay</u> with a characteristic <u>halflife</u> (see <u>pharmacokinetics</u>). This is not true for alcohol, however. Typical doses of alcohol actually saturate the enzymes' capacity, so that alcohol is removed from the bloodstream at an approximately constant rate. This rate varies considerably between individuals. Another sex based difference is in the elimination of alcohol. People under 25, women<sup>[41]</sup> or with liver disease may process alcohol more slowly. False High (BAC) readings are related to patients with proteinuria and hematuria, due to kidney-liver metabolism and failure (for example, Hematuria 1+ protenuria 1+ )

Such persons have impaired <u>acetaldehyde dehydrogenase</u>, which causes acetaldehyde levels to peak higher, producing more severe <u>hangovers</u> and other effects such as flushing and tachycardia. Conversely, members of certain ethnicities that traditionally did not use alcoholic beverages have lower levels of alcohol dehydrogenases and thus "sober up" very slowly, but reach lower aldehyde concentrations and have milder hangovers. Rate of detoxification of alcohol can also be slowed by certain drugs which interfere with the action of alcohol dehydrogenases, notably <u>aspirin</u>, <u>furfural</u> (which may be found in <u>fusel alcohol</u>), fumes of <u>certain solvents</u>, many <u>heavy metals</u>, and some <u>pyrazole</u> compounds. Also suspected of having this effect are <u>cimetidine</u> (Tagamet), <u>ranitidine</u> (Zantac), and acetaminophen(Tylenol) (paracetamol).

Currently, the only known substance that can increase the rate of metabolism of alcohol is <u>fructose</u>. The effect can vary significantly from person to person, but a 100 g dose of fructose has been shown to increase alcohol metabolism by an average of 80%. Fructose also increases false positives of high BAC ratio readings in anyone with proteinuria and hematuria, due to kidney-liver metabolism.<sup>[42]</sup>

### **Full stomachs**

Alcohol absorption can be slowed by ingesting alcohol on a full stomach.<sup>[43]</sup> The belief that the food absorbs the alcohol is a common misconception. Alcohol absorption is slowed because the stomach <u>sphincter</u> closes in order to break down the food. The alcohol cannot be absorbed through the stomach, thus cannot be absorbed until the sphincter is opened and the consumed alcohol can flow to the small intestine.<sup>[44]</sup>

## **Carbonated beverages**

Alcohol in carbonated beverages is absorbed faster than alcohol in non-carbonated drink<sup>[43][45]</sup>

## Stress

Being under stress causes alcohol to metabolize faste<sup>[43][46][47]</sup>

### **Retrograde extrapolation**

Retrograde <u>extrapolation</u> is the mathematical process by which someone's blood alcohol concentration at the time of driving is estimated by projecting backwards from a later chemical test. This involves estimating the absorption and elimination of alcohol in the interim between driving and testing. The rate of elimination in the average person is commonly estimated at .015 to .020 grams per deciliter per hour (g/dl/h),<sup>[48]</sup> although again this can vary from person to person and in a given person from one moment to another. Metabolism can be affected by numerous factors, including such things as body temperature, the type of alcoholic beverage consumed, and the amount and type of food consumed.

In an increasing number of states, laws have been enacted to facilitate this speculative task: the blood alcohol content at the time of driving is legally presumed to be the same as when later tested. There are usually time limits put on this presumption, commonly two or three hours, and the defendant is permitted to **dfer** evidence to rebut this presumption.

Forward extrapolation can also be attempted. If the amount of alcohol consumed is known, along with such variables as the weight and sex of the subject and period and rate of consumption, the blood alcohol level can be estimated by extrapolating forward. Although subject to the same infirmities as retrograde extrapolation—guessing based upon averages and unknown variables—this can be relevant in estimating BAC when driving and/or corroborating or contradicting the results of a later chemical test.

## Highest recorded blood alcohol level/content

There have been reported cases of blood alcohol content higher than 1%:

- On 26 October 2012 a man fromGmina Olszewo-Borki Poland, who died in a car accident, recorded a blood alcohol content of 2.23%; however the blood samplewas collected from a wound and thus possibly contaminated.<sup>[49]</sup>
- In South Africa, a man driving aMercedes-Benz Vto light van containing 15 sheep, allegedly stolen from nearby farms, was arrested on December 22, 2010, neaQueenstown in Eastern Cape. His blood had an alcohol content of 1.6%. Also in the vehicle were five boys and a woman who were also arrestet.
- In 1982, a 24-year-old woman was admitted to the UCLA emergency room with a serum alcohol content of 1.51%, corresponding to a BAC of 1.33%. She was alert and oriented to person and plac<sup>[5,1]</sup> Serum alcohol concentration is not equal to nor calculated in the same way as blood alcohol conten<sup>[5,2]</sup>
- In 1984 a 30-year-old man survived a blood alcohol concentration of 1.5% after vigorous medical intervention that included dialysis and intravenous therapywith fructose.<sup>[53]</sup>
- In 1995, a man fromWrocław, Poland, caused a car accident near his hometown. He had a blood alcohol content of 1.48%; he was tested five times but all results were the same. He died a few days later of injuries from the accident.<sup>[49]</sup>
- In 2013, on July 26 a 40-year-old man fromAlfredówka, Poland, was found by Municipal Police Patrol fromNowa Dęba lying in the ditch along the road in arnowska Wola. At the hospital there was recorded that the man had a blood alcohol content of 1.374%. The man survived<sup>54][55]</sup>
- In 2004, an unidentified Taiwanese woman ded of alcohol intoxication after immersion for twelve hours in a bathtub filled with 40% ethanol. Her blood alcohol content was 1.35%. It was believed that she had immersed herself as a response to the SARS epidemic.<sup>[56]</sup>

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### Notes

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## **External links**

Blood Alcohol Concentration BAC Limits

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