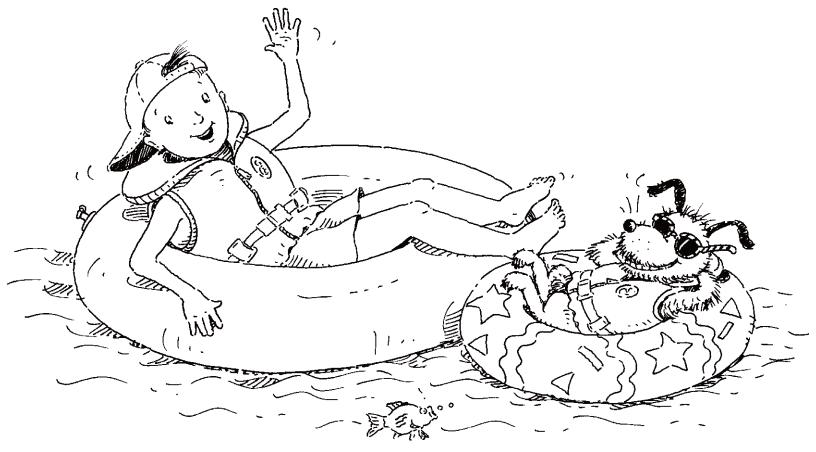
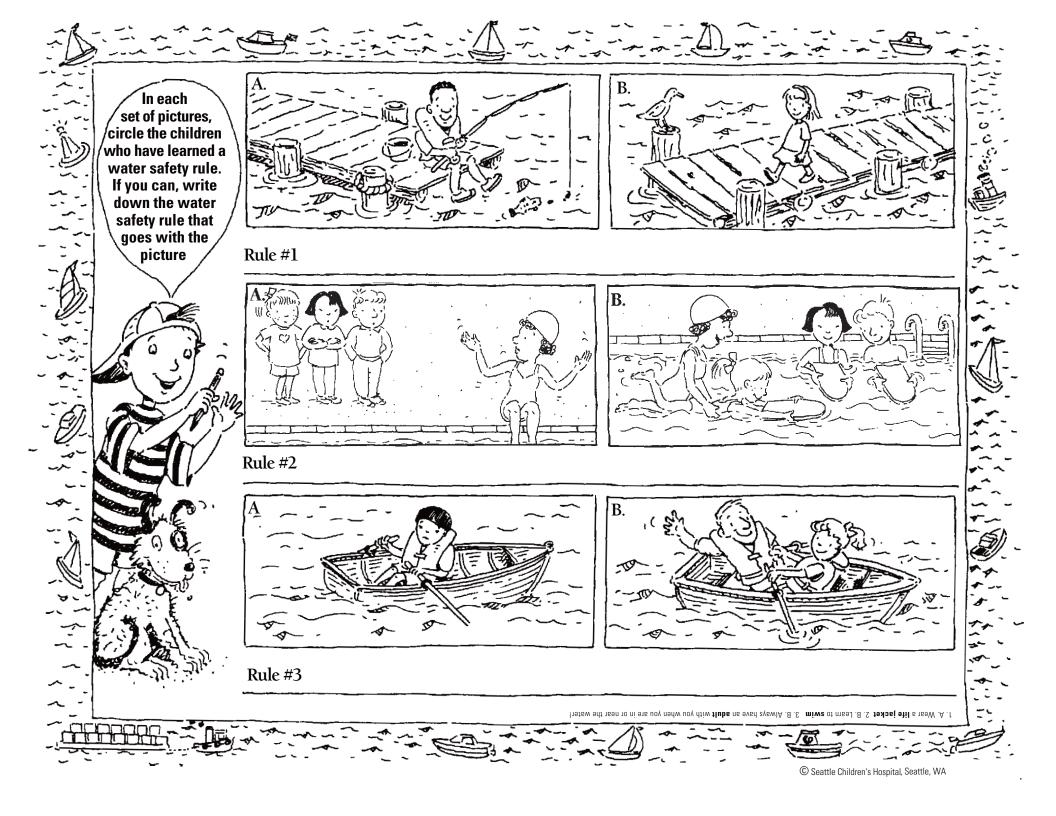
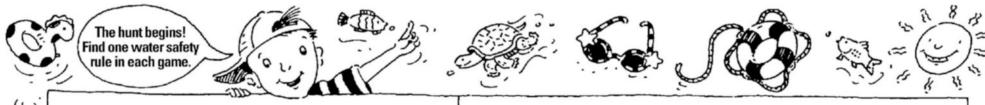
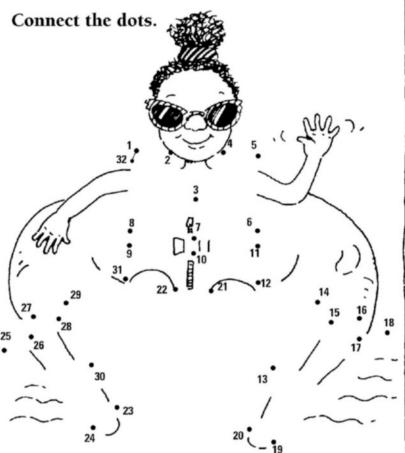
STAY ON TOP OF 17 A Water Safety Activity Booklet











RULE #1 is (Circle the right one.)

- A. Always wear sunglasses.
- B. Always wear a life jacket in a boat or raft, or on an inner tube or dock.
- C. Always wear flippers near the water.

Rule #1: b. Always wear a life jacket in a boat or raft, or on an inner tube or dock.

	words. Then write down rs to complete Rule #2.	
DANS	O	
0 W R		
HISF	,	(6), ===3
KASM	O	
RULE #2: Learn to! (And keep practicing your strokes!) [Mims of unsel 1.2% along "Yesm" (4sif "won 'pues : sprow belows: 1.5%) [Mims of unsel 1.2% along "Yesm" (4sif "won 'pues : sprow below in the pueper in the puepeer in the pueper in the puepeer in the		



Rule #3: (Fill in the blank with the right word.)

Every child here needs a partner. Match them up by

Always have an with you when you are in or near the water!

A. Oar B. Orange Bird C. Adult "stew atte in or near the water. The water adult with you when you when you are in or near the water.





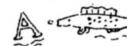


















	Begin at START and find your way through the duck pon	a to the linish line.
See what you	Circle all seven ducks who should have a life jacket on	
know about life	How many baby ducks are wearing a life jacket?	_
jackets by trying	How many ducks are wearing sunglasses?	TTT T.C T 1
these games	How many ducks have hats on?	Wear a Life Jacket
	now many ducies have hats on.	
Color II		
	SECTION CONDESSES	
	The state of the s	
CA P		
NIII	PHICK :	
		THE CONTRACTOR
THE WAS SON		
		The state of the s
1 del cons		
ACIO GUINE		
	The state of the s	Desperance of the second
	THE STATE OF THE S	
		15 fg 10 mg
		La Colonia Colonia Control
09 1		
Lind all the second sec		
CHILL STORY		2"TZ 18/1" Y
		72 11/1
```.\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		© Seattle Children's Hospital, Seattle, WA

Try to find the things that keep you safe in and around the water:

life jacket (find all 4)
life guard
rope around the swimming area
swimming instructor
"NO DIVING" sign
ring buoy (this is a ring-shaped floating device)
sunglasses
emergency telephone
first aid kit
rescue boat
bottle of sunscreen
sun hats (find all 3)

Have you ever tried on a life jacket before? It's very important that you have one that fits well. Go try yours on to see if it still fits, or go to the store and find out which size you wear.

## Now look for things that make the beach fun!

raft
sailboat
sand castle
shovel & bucket
seashell
beach ball
ice cream cone
mask and snorkel
swim fin
inner tubes



## STAY ON TOP OF IT

• Always wear a life jacket (also called a personal flotation device, PFD or life vest) in a boat or raft, on an inner tube or around the water. You can wear one when you swim in a lake or river too.

• Make sure your life jacket fits.

• Learn to swim and keep practicing your skills.

• Always swim and dive in lifeguarded areas or where adults can watch you. Be aware of the dangers of cold water or water with currents.

• Never swim or go boating alone.

• If you spend time in boats, take a boating safety class.

• Always ask a parent or adult before getting in the water.

• Know what to do in an emergency.

• Learn more about water safety at www.seattlechildrens.org/dp



4800 Sand Point Way N.E. Seattle, Washington 98105-0371 206-987-2000 (Voice) 206-987-2280 (TTY) 866-987-2000 (Toll-free/Voice) Teach your friends and family to be safe around the water, too.

