MISSION CARD Planet

YOUR MISSION

World Food Leaders have sent you on a mission to Cool Food Planet to discover all there is to know about tasty, healthy, fun food and active living!

How to complete your Mission Card:

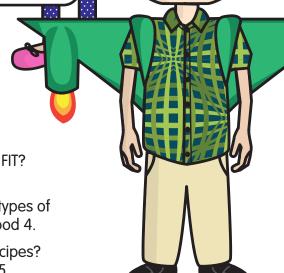
- Crack the clues
- Complete the games in the clues to collect your Secret Food
- Write the name of your Secret Food in your Mission Box
- Complete your mission by finishing the letter to **World Food Leaders**

Good luck!

Planet Earth's food future is counting on you...

GLUES

- Where on Cool Food Planet can you find out about how different food around Planet Earth TASTES? Go there to play Match the Lunch and collect Secret Food 1.
- ₩ Where on Cool Food Planet can you find out what HEALTHY diet means? Go there to play Food Fight and collect Secret Food 2.
- Mhere on Cool Food Planet can you find out ways of getting FIT? Go there to play Get Moving and collect Secret Food 3.
- \mathbb{C} Where on Cool Food Planet can you find out about different types of FARM? Go there to play Match the Food and collect Secret Food 4.
- Where on Cool Food Planet can you find different cooking recipes? Go there to play Storing Food Safely and collect Secret Food 5.



MISSION CARD

Mission Box

Secret Food 1:		
Secret Food 2:		
Secret Food 3:		
Secret Food 4:		
Secret Food 5:		
Missic	n com	PLETE
Dear World Lead	ers	
I have jetted faster than the speed of light to Cool Food Planet. I have explored mountains,		
crossed islands, visited cities, towns and even farm lands! Along the way I collected Secret Food,		
from the	and	food group and learnt an important lesson. Every day

Missing words: Vegetables Fruit Five Healthy



we earthlings should eat a variety of these foods. We should aim to eat at least

portions of them a day. Eating a balanced diet helps to keep us ______.