

EMERGENCY KIT CHECKLIST

An emergency kit is a collection of items that you may need in an emergency. Below are some items to help get you started.

- Water one gallon per person, per day
- Food (enough to last 3 days)
- Flashlight
- Radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit
- Medications
- Family and emergency contact information
- Extra set of car keys and house keys
- Cell phone with chargers
- Personal documents
- Extra cash
- Emergency blanket
- Maps
- Manual can opener



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

CS259306-B