

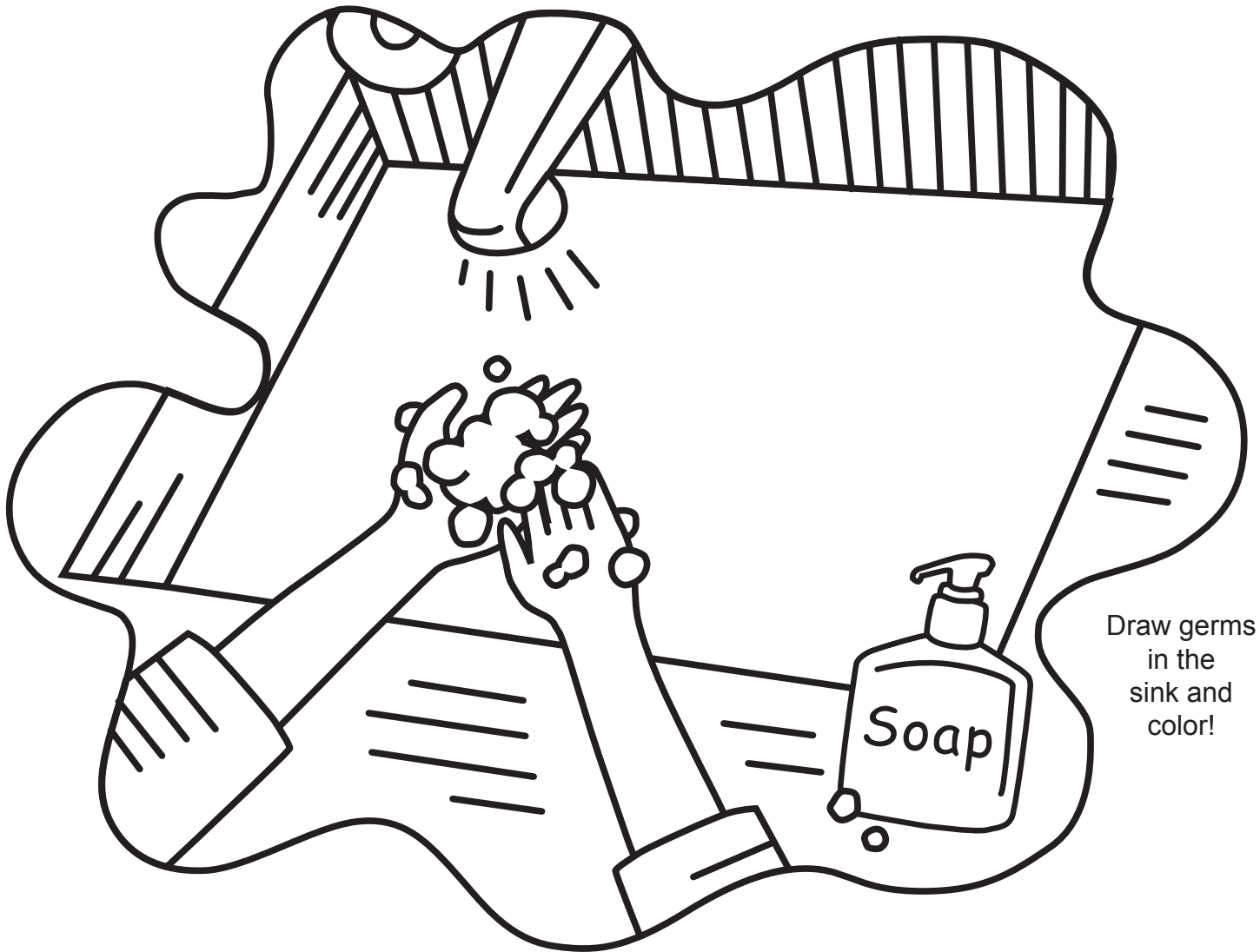
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**Kids Activity Downloads**

# SINK | THOSE | GERMS

Wash Your Hands!



Draw germs  
in the  
sink and  
color!

## ACTIVITY SHEET

# WASH YOUR HANDS AFTER...



1. Playing with pets.



2. Using the bathroom.



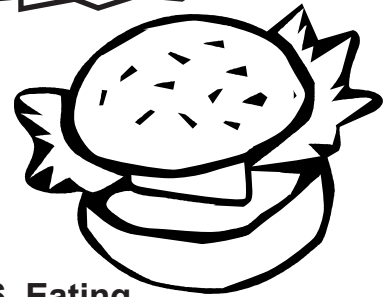
3. Sneezing, blowing your nose or coughing.



4. Touching a cut or open sore.



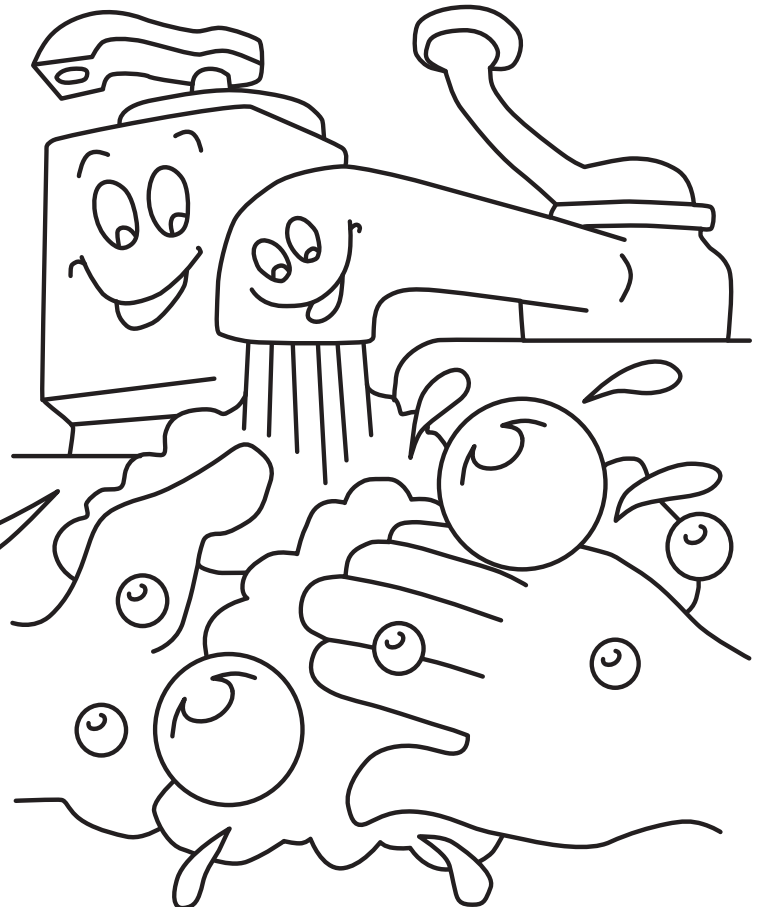
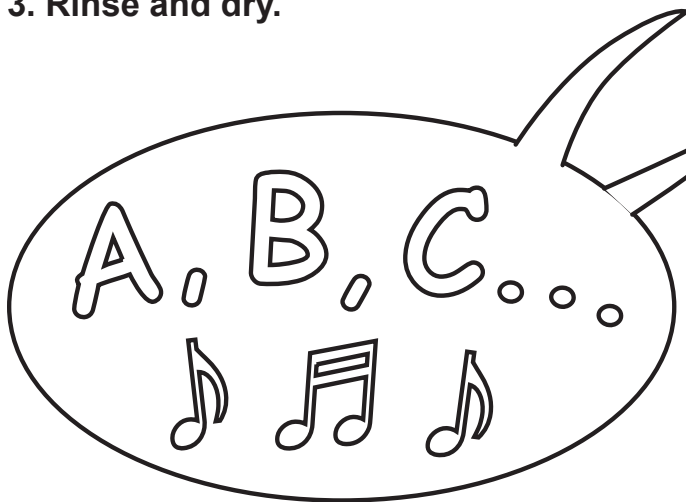
5. Playing outside.



6. Eating

## HERE'S HOW:

1. Wet your hands with **WARM** water.
2. Soap and scrub for 20 seconds — say the alphabet slowly.
3. Rinse and dry.



# Secret Code Hand Washing Game

Actual Letter: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z  
Secret Code Letter: Z Y X W V U T S R Q P O N M I K J I H G F E D C B A

Secret code letters are in parentheses below. Match the code letters to the actual letters to spell a word relating to hygiene.

1. Type of germ that causes hepatitis A is a \_\_\_\_\_.  
( E R I F H )
2. Wash your hands for at least \_\_\_\_\_ seconds.  
( G D V M G B )
3. When washing your hands use \_\_\_\_\_ water.  
( D Z I N )
4. Hand washing soap should be \_\_\_\_\_.  
( Z M G R Y Z X G V I R Z O )
5. Most important part of hands to wash is under the \_\_\_\_\_.  
( U R N T V I M Z R O H )
6. Germs can be spread at least \_\_\_\_\_ different ways.  
( U L F I )
7. When washing your hands rub together \_\_\_\_\_.  
( E R T L I L F H O B )
8. The best prevention against infectious disease is \_\_\_\_\_.  
( S Z M W D Z H S R M T )
9. The type of germ that causes Shigella is a \_\_\_\_\_.  
( Y Z X G V I R Z )
10. The most important time to wash your hands is after using the \_\_\_\_\_.  
( G L R O V G )



Name \_\_\_\_\_

I pledge to wash my hands regularly

**GLOGERM**

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# CLEAN GENE™



## "Germ Search" Activity Sheet

Circle each of the things where germs can live. Color each of the things that help get rid of germs.



# HAND WASHING WORD SCRAMBLE

Unscramble the words below. Try not to use the hints.

*Hint:*

*Answer:*

M G S E R

*These are what make you sick.*

\_\_\_\_\_

S V U R I

*This is one type of germ.*

\_\_\_\_\_

D S N H A

*What you should always wash.*

\_\_\_\_\_

T R W A E

*What you wash your hands with.*

\_\_\_\_\_

S A P O

*This helps to eliminate germs.*

\_\_\_\_\_

S E A I D S E

*What germs can cause.*

\_\_\_\_\_

C I B A E A T R

*This is another type of germ.*

\_\_\_\_\_

T L E H A H Y

*Washing your hands can keep you \_\_\_\_\_!*

\_\_\_\_\_



Name \_\_\_\_\_

I pledge to wash my hands regularly

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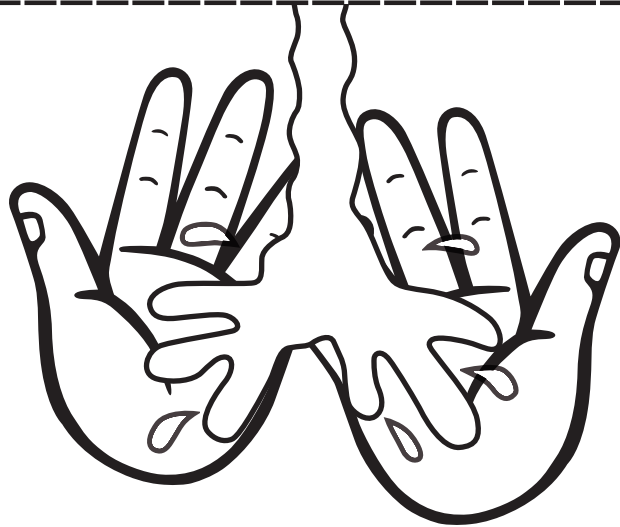
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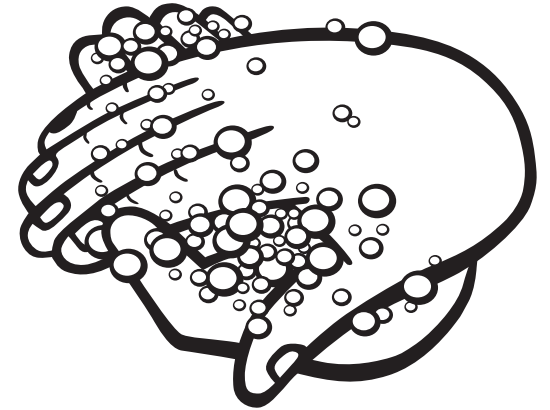
# Wash Your Hands! ¡Lávese Las Manos!



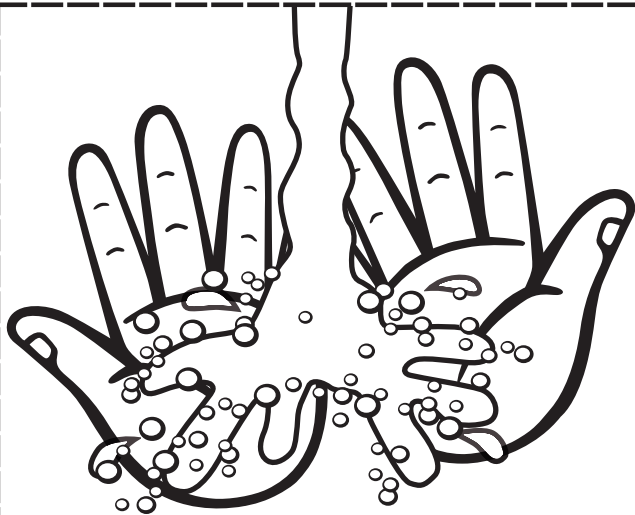
**1. Wet Hands**  
Mójese las manos



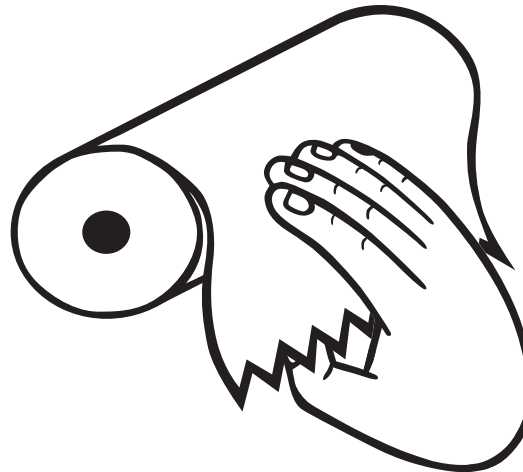
**2. Soap**  
Enjabónese



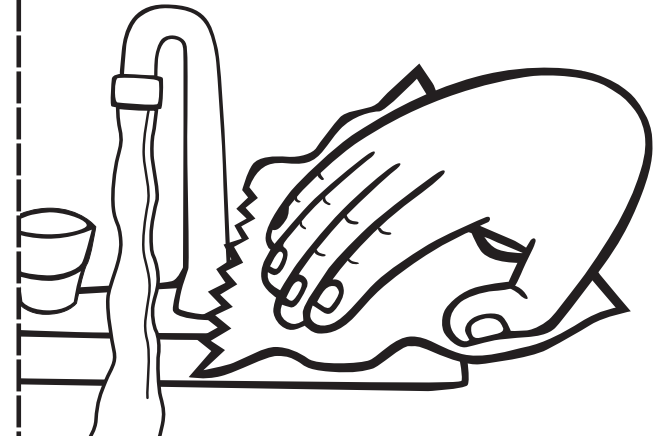
**3. Wash for 20 seconds**  
Friéguese las manos por 20 segundos



**4. Rinse**  
Enjuáguese



**5. Dry**  
Séquese las manos



**6. Turn Off Water**  
with Paper Towel  
Cierre el grifo usando una toalla de papel