

1.35 Million

Number of children seen in emergency departments with sports-related injuries in 2012



Common Injuries

- Head 14%
- Face 7%
- Finger 12%
- Knee 9%
- Ankle 15%



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Girls are eight times more likely to have an ACL injury than boys.

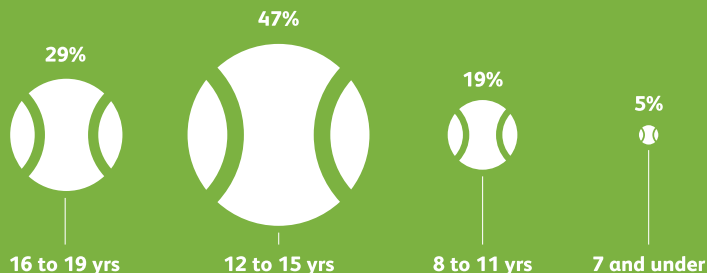


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Every 3 minutes, a child is seen in an ED for a sports-related concussion.

47%

Almost half of youth sports-related concussions occur in children ages 12 to 15 years old.² Younger children take longer to recover from concussions than older children.



Common Diagnoses

Most common diagnoses seen in emergency departments for sports-related injuries

Strains and sprains
451,480



Fractures
249,500



Contusions and abrasions
210,640



Concussions
163,670



Injuries by Sport

For athletes ages 12 to 17 years, 2011^{1,2}

Sport	Number of players	Number of injuries	% of injuries that are concussions
Basketball	6,268,000	249,650	7%
Soccer	3,780,000	104,190	13%
Football	3,246,000	275,050	13%
Volleyball	3,246,000	31,460	6%
Baseball	2,620,000	61,510	11%
Softball	2,163,000	39,070	11%
Cheerleading	1,176,000	28,890	12%
Wrestling	657,000	33,790	14%
Ice hockey	480,000	9,540	31%

To learn more about youth sports safety, visit www.safekids.org

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